



Param Pujya Ma

# Arpana

## Newsletter

ARPANA TRUST, Madhuban,  
Karnal, Haryana, India  
June 2017

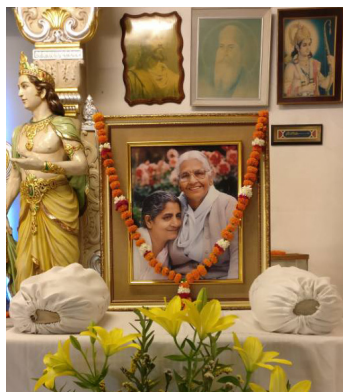
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### Arpana News

#### Knowledge of Life Preserved for Dissemination

Param Pujya Ma's discourses on video, containing the most precious knowledge of life and living, which had been preserved over the years on now almost defunct media, has been carefully and painstakingly recovered on digital media for viewing and dissemination over the past 4 years. Today, seekers' gatherings at Madhuban, in Defence Colony, Delhi, and even on the website are invigorated through beautifully clear videos of Param Pujya Ma's words and songs, called 'Urvashi'.

***We are deeply grateful to Tom and Barbara Sargent, USA, for providing the support necessary for this mammoth project and to Arpana members who dedicated themselves to actualize it!***



#### Sadhana Divas, Maha Samadhi Divas & Remembering Chhote Ma

Sadhana Divas, anniversary of the beginning of Param Pujya Ma's *sadhana*, celebrated on 9<sup>th</sup> March, was followed by Ma's Maha Samadhi Divas on 16<sup>th</sup> April and Chhote Ma's Samadhi anniversary on 10<sup>th</sup> May. At each of these functions, the Arpana family reaffirmed their gratitude to their Beloved Mother and committed themselves to a lifelong practice of the values She embodied and taught.

#### Award for Excellence in Human Endeavour

Arpana has been awarded the 20<sup>th</sup> Mahaveer Award for Excellence in Human Endeavour in the field of Community & Social Service by Bhagwan Mahaveer Foundation, which carries a cash component, a memento and a citation.

Aruna Dayal, who heads the Rural Development Team, said, "This is a celebration of Beloved Ma's legacy of Love and Service. Ma inspired this service to enable our disadvantaged and underserved communities, to create opportunities for better lives, greater dignity and respect. Our humble and grateful obeisance at Her Feet...

## Himachal Activities

### Best Women's SHG in the State – Arti Mahila Bachat Samooh



Arpana's group in village Chattar was recognized by NABARD as the best self help group in Himachal and presented an award on 11<sup>th</sup> Feb 2017. These women have shown an exemplary sense of enterprise. Their group has taken Rs. 20 lakhs in loans over the decade and returned all loans on time. They invested in building up home dairies and now supply about 2 quintals of milk daily to happy customers in Mangla & Chamba!

### 2<sup>nd</sup> Best Farmers' Club in the State – Jyoti Kisan Club of Village Kakela

The farmers, with Arpana's constant support, have shifted to vegetable crops and have devised collective marketing of their produce. Their returns have greatly enhanced their incomes, going up to 1,50,000/- per annum per farmer, from Rs. 10,000 per annum a few years ago. NABARD has recognized their success with an award as the 2<sup>nd</sup> best Farmers' Club.



*PC Kapur, Director, Arpana Gajnoi Centre, presenting the award to Jyoti Kisan Club*

***Arpana is deeply grateful to IDRF, Tom Sargent and the Tides Foundation, USA, for their support of programs in Haryana and Himachal Pradesh***

### In Memoriam



Dr. J. Chakrabarti left his earthly abode in Noida, UP, in May 2017 after a prolonged illness.

A seed of service, planted by Param Pujya Ma, became an inspiring journey of dedication for Dr. Chakrabarti. Arpana is ever grateful for his dedicated service

to Arpana's Health Services in Himachal Pradesh, which he headed from 1993-2012.

He held daily free OPD clinics, outreach camps in remote villages and helped organize free Medical & Surgical Camps in 1996-2005, winning the hearts of hill folk and officers alike. His work was so much appreciated that the Himotkarsh National Integration Award was twice presented to Arpana in 2000 and 2001.

## Delhi Programs

### Arpana's Vasant Vihar Educational Program – They've Got Talent!

About 160 disadvantaged children in classes 1 & 2 enthusiastically sang and acted out favourite songs and stories at Sarvodya School for delighted parents and teachers on 28<sup>th</sup> April. Arpana's tuition support program is being held after regular school classes at this government school. Arpana's Community Centre in Vasant Vihar holds free computer classes for older kids.



### Vocal Magic Creates Devotional Atmosphere

Shrimati Aastha Goswami captivated hearts with her unique style of *Padavali Gaayan*, by her devotional rendering at Rejoice, Arpana's Community Centre in Vasant Vihar, New Delhi, on 29<sup>th</sup> April. This experience, creating memories of special moments enriching the soul, was a bond of togetherness and love.

### Arpana's Students at Molar Bund – Wooed by Retail Sector Company

5 members from Westside, Lajpat Nagar, visited the Arpana Center in April. The Store manager, HR officer and 3 employees (Arpana ex-students) explained about rising opportunities in the retail sector. Priyanka has already been promoted as an officer. Students were eager to hear them.



## Haryana Rural Empowerment

**"Inform, perform, transform!"** The Prime Minister's phrase is apt for Arpana enabled rural womens' groups who, **informed** about demonetization, learnt cashless transactions; **performed** as 70% of interloaning in Arpana's SHGs was through NEFT or by cheque! For women recently learning about banking, a **transformative** step forward!



Arpana's Women Empowerment Program was recognized with an award presented by Mrs. Kiran Chopra, wife of Mr. Ashwini Chopra (MP) under the aegis of 'Jai Bharat Yuva Mandal' & 'Varisth Nagrik Kesari Club' on women's empowerment day in Karnal District.

# Arpana Hospital

## Remembering Papaji

Our beloved Dr. J.K. Mehta, Papaji to everyone, was the epitome of all a physician should be. His caring attitude and soothing demeanor attracted crowds of patients and his clinical acumen ensured speedy recovery.



## Memorial ICU Inauguration

This year, to celebrate Sadhana Diwas on 9<sup>th</sup> March, we felt the best tribute to him would be to augment and strengthen the work that he started. The new 12 bedded Intensive Care Unit (ICU & HDU) was inaugurated in Arpana Hospital and dedicated to his memory. He was the first physician of Arpana and founder of Arpana's Rural Medical Service.

## Honoring Dr. J.K. Mehta – Memorial Camp at Budhakhera Dispensary



A Medical and Eye camp was held at Budhakhera Dispensary, a facility given to Arpana by Sardar Teja Singh, due to his admiration for Papaji. His family also attended. 280 patients attended the Camp, with Dr. Ela Anand, FRCOG, personally conducting the Gynae & Obstetrics OPD in memory of Dr. Mehta. Eye patients were screened for cataract.

*We, at Arpana, depend on your support for our programs*

**Arpana Trust and Arpana Research & Charities Trust are both approved under Section 80G of the Income Tax Act, 1961, giving 50% tax relief for donors in India.**

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**Mr. Vinod Prakash, President, IDRF, 5821 Mossrock Drive, North Bethesda, MD 20852**

**Mr. Jagjit Singh, AID for Indian Development, 84 Stuart Court, Los Altos, CA 94022-2249**

Send contributions to Arpana Canada:

**c/o Mrs. Sue Bhanot, 7 Scarlett Drive, Brampton, Ontario L6Y 3S9, Canada**

Please let us know by email or telephone, whenever you transfer funds to Arpana.

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