



Param Pujya Ma

# Arpana

## Newsletter

ARPANA TRUST, Madhuban,  
Karnal, Haryana, India  
June 2015

### Joined with her Sadguru

...And now, she, **Pujya Chhote Ma**, whose entire life was steeped in devotion to her Divine Mother, her All, is one in Essence and Spirit with her Beloved Sadguru.... Each time we read Ma's Divine flow of Urvashi, elucidating the Scriptures, we are ever indebted to dearest Chhote Ma. Even as Ma sang with abandon, lost in the ecstasy of the Divine Presence that permeated her whole life, Chhote Ma, in utter selfless dedication, inscribed every word of the Divine flow of Urvashi for the benefit of future generations.



A Prayer Meeting was held in Madhuban on 17<sup>th</sup> May with Arpana family, devotees, staff and friends to pay tribute to Beloved Chhote Ma, and offer themselves in commitment to the purpose of her life... the dissemination of Urvashi and the Scriptures. In togetherness, each one added the strength

of their commitment to the legacy of Param Pujya Ma and Chhote Ma.

### Celebrating Urvashi

On Sadhana Day 9<sup>th</sup> March, and Samadhi Divas, 16<sup>th</sup> April, Arpana family and friends from Jalandhar, Chandigarh and Delhi, congregated together in the Temple at Madhuban, and with grateful hearts (and some moist eyes) remembered their Beloved Divine Mother, whose Word and Life had left such a deep imprint on their lives and continues to guide us even today.

## Delhi Directions

### Arpana Students Go to College

Of the 34 students in the graduating Class 12, 14 students are attending regular colleges and 20 students are pursuing graduation in the distance learning program of Delhi University.

The outgoing class 12 students gave a farewell gift of paint to the incoming class 12. The new class 12 boys voluntarily and happily painted their new 12<sup>th</sup> class room.

Arjun (last year's class 12): "With Arpana's help, I am doing computer engineering in Seth Jai Prakash Polytechnic for only a nominal fee. From the day I joined College, my life has been full of happiness. Soon I will be able to help my family financially."



### Results of NIIT

Of the 22 students who passed NIIT Foundation's Computer Certificate Course in IT for Beginners, 14 got over 80% and 3 got over 90% marks. Their prestigious certificate will be extremely helpful in obtaining jobs.

**New Books:** 120 books were bought for the Arpana Library at the World Book Fair in February, much to the delight of the students in Molar Bund.



**Our deep gratitude to Essel Foundation, Aviva Pvt. Ltd., Caring Hand for Children and all other magnanimous donors for supporting Arpana's education programs.**

## Arpana Hospital

### Ongoing Partnership with CBM for Eye Camps

**Diabetic Retinopathy camps** by Arpana Hospital were held in 8 villages and 903 patients had their eyes checked. If needed, free surgeries are performed to correct eyesight.

**Pediatric camps** by Arpana Hospital were also held in 8 villages and 969 students have had their eyes screened.

**Dialysis machine:** A Dialysis machine, donated by the Baij Nath Bhandari Public Charitable Trust, was installed at Arpana Hospital. This is a huge value add-on to the existing services being provided to our financially less privileged rural brethren.

**New Gynae OPD:** One more gynae OPD clinic was established at Arpana Hospital so that doctors can better care for the increasing number of patients.

**Heartfelt gratitude to CBM as well as to the Baij Nath Bhandari Public Charitable Trust, New Delhi, for donation of equipment and support for poor patients.**

# Haryana Happenings

## Empowering the Differently Abled

**Meeting Officials in Karnal:** 14 persons from 8 Disabled Persons Organisations visited the District Social Welfare Office and the Office of Education for the Disabled. They also went to the Chief Minister's window, where any citizen can submit an application regarding any problem faced by him.

**Workshop of Leaders of Disabled Persons:** 5 differently abled women leaders were included among the 20 women in a Training of Trainers workshop held in Arpana for 2 days, conducted by ASK, a national NGO based in Delhi. These women learned to plan training modules and to effectively conduct a training session. They also scripted a play on sanitation encouraging cleanliness, building toilets and recycling waste. These activities enhanced their sense of self worth and confidence.

## Differently Abled Persons Function

On 15<sup>th</sup> April, about 80 people gathered at Arpana Trust House, Madhuban as Dr. Ela Anand, Director Arpana Medical Services, presided at a function to present assistive devices and tricycles to 9 differently abled persons from rural areas.

Naresh, 32 years old, has been unable to walk from birth. He has only studied up to class 2. He has two children and one acre of land for the family's livelihood. He was very grateful for the mobility provided by his tricycle.



Jeeto had polio in childhood and has been housebound. She can now attend group meetings with her tricycle!



Arpana helped mentally challenged 12 year old Sunil to go to a special school. He loves his tricycle!



Mr. Sho Singh, president of the Federation, tells how Arpana is transforming lives of the differently abled.

**Arpana is thankful to CBM India, the Tides Foundation, Give2Asia and Baij Nath Bhandari Public Charitable Trust, India, for generous support for these health and development programs in Haryana**

## Himachal Arising

### The Gajnoi Farmers Producers Cooperative Society

Members of Arpana's Self Help Groups and Farmers Clubs, founded the Gajnoi Farmers Producers Cooperative Society Ltd. on 14<sup>th</sup> March. 54 men and women registered as members, contributing their share of Rs. 500 each. Benefits include marketing and new information.



**Eco Tourism:** A meeting of Arpana's Youth Groups was held on April 22 by Mrs. Aruna Dayal, Director Arpana Development Services, to discuss the scope of local eco tourism including the need for tourist guides and trekking guides as well as rooms for tourists in local homes. Arpana's new program to give training for these income generating opportunities was greeted with great enthusiasm.

**Farmers Exposure Visit:** 20 members of Arpana's Farmers Clubs attended a two day exposure visit under NABARD at Krishi Vigyan Kendra, Saru {Chamba} on March 16-17. Arpana's farmer members, who used to subsist on incomes less than Rs.10,000 a year, are now earning up to Rs.250,000 a year, largely through information from exposure visits.

**Free Medical Camp:** This camp, sponsored by NABARD, was held at village Kolka, on 12th April. The doctor examined 112 patients from interior villages, most of whom were not able to reach the Government Hospital in Chamba.

Our deep gratitude to Baij Nath Bhandari Public Charitable Trust, Tides Foundation and Give2Asia, for supporting health and development programs in Himachal Pradesh

*We, at Arpana, depend on your support for our programs*

Arpana Trust and Arpana Research & Charities Trust are both approved under Section 80G of the Income Tax Act, 1961, giving 50% tax relief for donors in India.

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Send your contributions for health & development services in Haryana & Himachal to: **Arpana Research & Charities Trust, Madhuban, Karnal, Haryana 132 037**

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Please let us know by email or telephone, whenever you transfer funds to Arpana.

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