



Param Pujya Ma

Arpana

Newsletter

ARPANA TRUST, Madhuban,
Karnal, Haryana, India
March 2015

ARPANA NEWS

Vedic Vivah – at Arpana Ashram

With the blessings of Chhote Ma, the wedding of Kripanjali Dayal, a daughter of Arpana, to Mandeep Singh was celebrated on Dec.6, 2014 in the presence of family and friends in the flower bedecked gardens of the Ashram at Madhuban. The bride and groom reiterated their marriage vows in the true Vedic tradition, seated before the Scriptures as their witness, as Chhote Ma lit the lamp of knowledge, placed atop the Scriptures.



Param Pujya Ma's elucidation of the Vedic tradition of marriage helped the entire congregation to understand and revel in the sanctity of the rituals, revealing the practical meaning of the Vedic vows, not only in cementing family ties but also exhibiting their relevance in the journey towards Self Realization.

Christmas Celebration

Arpana was privileged and delighted to welcome Nuns and a Father from the Karnal Christian community for carol singing in Arpana's mandir in the week before Christmas. This has become a tradition of spiritual joy and love for the Lord, for well over a quarter of a century since Arpana presented the play, 'Jesus Christ through the Eyes of a Non-Christian Devotee'.



ARPANA HOSPITAL

Cervical & Breast Cancer Camp

Arpana Hospital held a Cervical and Breast Cancer Camp on Nov.14-15, attended by 87 patients. Dr. Kavita Rani, Gynaecologist, and Dr. Nisha Gandhi examined/ counselled women for cervical cancer, while Dr. Vivek Ahuja, Oncologist & Surgeon, screened patients for breast cancer.



CBM Supported Eye Camp Programs

Diabetic Retinopathy & Glaucoma: In December 2014 and January 2015, Arpana Hospital organized 4 eye camps for Diabetic Retinopathy & 4 eye camps for Glaucoma, in Karnal villages. 966 patients were screened and free medicines were distributed.

School Eye Screening Camps: 4,456 students had their eyes examined during school eye screening camps held by Arpana Hospital in 7 village eye camps in November and in two villages, Barsat and Kohand, from December 8-15, through Arpana's eye project with CBM.



Orthopaedic Camps

Arpana Hospital organized 2 orthopaedic camps in January 2015, in Gudha and Samalkha villages. 107 patients were screened. Free medicine was distributed.

Arpana is grateful to CBM for supporting the School children Eye Screening camps as well as village Eye Clinics for Diabetic Retinopathy & Glaucoma

HARYANA

AGM Raises Awareness on Infant Disability & Cleanliness Drives

1200 women from 65 villages participated in the Annual General Meeting of an Arpana-facilitated Federation of 308 self help groups in Araipura Village on



Nov. 16th. The women performed a play to create awareness about causes of disabilities and how to reduce the number of infant disabilities. In the spirit of India's 'Clean India' campaign, they also performed a play on the importance of cleanliness and how it helps prevent diseases.

Deep gratitude to CBM for support for the differently abled and to IDRF and Give2Asia for women empowerment and sanitation and girl child campaigns.

HIMACHAL ACTIVITIES

Information for Farmers

The Deputy District Manager, NABARD, informed members of farmers clubs and self help groups from remote areas about the benefits of farmers groups at a camp held at Arpana's Gajnoi Centre on 28th Nov. Benefits include a revolving fund for training and exposure visits to learn the latest techniques in farming, dairy, mushroom growing, bee-keeping and other income generating activities.



The Assistant Manager from NABARD, headquartered in Shimla, along with the DDM, also visited farmers clubs in five remote villages to learn about the activities they are carrying out and see what further training support they need.

Dharmshala Workshop

Members of Arpana Farmers Clubs attended a NABARD workshop in Dharamshala on Nov. 11. NABARD officials offered loans and training after hearing farmers explain how they were rapidly increasing their income through hybrid seeds, new farming techniques and new crops with the help of the Government's Outreach Officers and exposure visits to Agricultural Universities.

Grateful thanks to the Tides Foundation and Tom & Barbara Sargent for supporting the health and development programs in Himachal Pradesh.

HARYANA

Republic Day Fair Celebration

850 women members of Arpana self help groups from 20 villages celebrated Republic Day by arranging a Fair at Sangohi Village on Jan. 25. Plays supported the Government's campaigns to 'Save & Educate our Daughters' and to 'Clean India'. Food stalls mingled with toy and gift stalls. Games were played including a women's tug-of-war. All 850 women vowed to prevent female foeticide and to promote cleanliness and good sanitation practices.



Warm appreciation to the Tides Foundation and Tom & Barbara Sargent for support for women empowerment and the differently abled and girl child campaign programs.

DELHI PROGRAMMES

in slum resettlement colonies of Molar Bund, New Delhi

Children's Value Based Plays

Children performed the following on January 22 to create awareness of these significant issues:

- ◆Role play on 'Corruption'
- ◆Role Play on 'Importance of Education'
- ◆A skit on 'Self defense'



Distribution of Sweaters

Mrs. Krishna Shroff and Mrs. Sushma Agarwall provided 200 sweaters to keep children warm in this harsh Delhi winter.

New Computer Laboratory

A generous donation from Mr. Sudhir Sahni, USA, remodeled the old computer lab with the 15 old computers replaced with 18 new ones. A huge Thanks!



Online English Program

A 10 month pilot project for Maxx English started in December with 27 boys from 8th class, 30 girls from 5th class and 4 teachers. Driven by British Council UK, and with technology by Stanford Research Institute, USA, the funding is by Aviva Pvt. Ltd.

Warm appreciation to the Essel Foundation, Aviva Pvt.Ltd. and Caring Hand for Children for education support.

We, at Arpana, depend on your support for our programs

Arpana Trust and Arpana Research & Charities Trust are both approved under Section 80G of the Income Tax Act, 1961, giving 50% tax relief for donors in India.

FCRA Registration No. for Arpana Trust is 172310001

FCRA Registration No. for Arpana Research & Charities Trust is 172310002

Send your contribution for dissemination of humane values & medical and community welfare services in

Delhi to: Arpana Trust, Madhuban, Karnal, Haryana 132 037

Send your contributions for health & development services in Haryana & Himachal to:

Arpana Research & Charities Trust, Madhuban, Karnal, Haryana 132 037

Arpana Hospital: 91-184-2380801, Info & Resources Office: 91-184-2390905

emails: at@arpana.org and arct@arpana.org

Please let us know by email or telephone, whenever you transfer funds to Arpana.

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